

**ARE YOU EXPERIENCING...**

- Abdominal bloating?
- Anemia?
- Bad breath?
- Constipation or diarrhea?
- Diminished appetite?
- Food allergies?
- Indigestion?
- Metabolic issues?
- Skin issues?
- Tooth decay?

**THEN YOU MAY BE EXPERIENCING A STOMACH DISORDER  
AND/OR AN H. PYLORI INFECTION.**

While most people live harmoniously with this bacteria, the adverse effects of H. pylori can upset the balance of the gut and can cause stomach disorders.

**TAKE THE QUIZ**

to see if a stomach disorder and/or an H. pylori infection are the root cause of your symptoms!

1. Do you experience heartburn due to alcohol, caffeine, chocolate, citrus, peppers, or spicy foods?	YES	NO
2. Do you experience stomach aching, burning, or pain 1 to 4 hours after eating?	YES	NO
3. Do you feel bloated or gassy quickly following a meal?	YES	NO
4. Do you get temporary relief by using antacids, carbonated beverages, food, or milk?	YES	NO
5. Do you have difficulty digesting fruits and vegetables, or do you have undigested food in your stools?	YES	NO
6. Has a family member or close friend ever tested positive for or shown signs of an H. pylori infection?	YES	NO
7. Have you ever been diagnosed with a gastrointestinal condition?	YES	NO
8. Have you ever had an ulcer or a type of stomach cancer?	YES	NO
9. Have you recently drank from an unclean water source, or swam in creeks, lakes, or rivers?	YES	NO
10. Have you recently traveled abroad or ever lived in a developing country?	YES	NO

If you answered yes to some of these questions, ask your practitioner if the **Stomach Support Protocol** is right for you!

The Stomach Support Protocol is a three-month approach — especially designed for those with sensitive stomachs — to promote optimal digestive and stomach function, healthy bile flow, and natural detoxification processes.