

ARE YOU EXPERIENCING...

- Bloating?
- Body rashes?
- Brain fog?
- Chest tightness?
- Excessive fatigue?
- Scent sensitivity?
- Shortness of breath?
- Sinus infections?

THEN YOU MAY BE EXPERIENCING SYMPTOMS OF MOLD TOXICITY.

Most people don't know they are exposed to toxic mold. Mold illness results from mold growing indoors and producing toxins, such as mycotoxins, which can be harmful to the body.

TAKE THE QUIZ

to see if mycotoxins is the root cause of your symptoms!

1. Are you ever achy all over?	YES	NO
2. Do you feel worse when you enter certain buildings (home, office, school)?	YES	NO
3. Do you have a blocked, runny, or stuffy nose, and/or experience nosebleeds?	YES	NO
4. Do you have a cough, headaches, or nausea when exposed to various chemicals?	YES	NO
5. Do you have difficulty recalling the names of people/things you know or have trouble taking in new information?	YES	NO
6. Do you have difficulty sleeping? Or do you wake up during the night with shortness of breath and/or a coughing attack?	YES	NO
7. Do you have shortness of breath when you're not doing anything strenuous?	YES	NO
8. Do your symptoms decrease when spending time in a different location for at least a few days?	YES	NO
9. Have you ever experienced water damage at home, school, or work? Are there any wet spots in your home (current or past) or is your basement ever wet?	YES	NO
10. Have you seen mold growing at home, school, or work? Do any of these places have a damp or mildewy odor?	YES	NO

If you answered yes to some of these questions, ask your practitioner if the **MYC Support Protocol** is right for you!

The MYC Support Protocol is a four-month approach to detoxing mycotoxins, optimizing cognitive and mitochondrial function, and supporting the gut microbiome, liver, and respiratory system.