

DETOX SUPPORT PROTOCOL

ARE YOU EXPERIENCING...

- Anxiety?
- Dizziness?
- Headaches or migraines?
- High blood pressure?
- Insomnia?

- Joint pain?
- Muscle cramps?
- Rashes or rosacea?
- Stomach pain?

THEN YOU MAY BE EXPERIENCING SYMPTOMS OF **ENVIRONMENTAL TOXICITY.**

People are exposed to toxins on a daily basis. If your body becomes overwhelmed, it can disrupt your body's inner terrain and leave you vulnerable to disease.

TAKE THE QUIZ

to see if environmental toxins is the root cause of your symptoms!

| 1. Do you experience chronic fungal or viral infections, including candida, foot fungus, jock itch, and warts? | YES | NO |
|--|-----|----|
| 2. Do you get sick often? | YES | NO |
| 3. Do you have chronic sinus issues or congestion? | YES | NO |
| 4. Do you have compact fluorescent bulbs in your home? | YES | NO |
| 5. Do you have difficulty losing weight regardless of diet or exercise? | YES | NO |
| 6. Do you have silver fillings (amalgam) in your teeth? | YES | NO |
| 7. Do you live near a golf course, freeway, or high tension wires? | YES | NO |
| 8. Do you perspire excessively during the day or night? | YES | NO |
| 9. Do you use air fresheners in your car, house, or workplace? | YES | NO |
| 10. Do you use conventional hair, face, or other body care products? | YES | NO |
| 11. Do you wear conventional cologne, perfume, and/or sunscreen? | YES | NO |
| 12. Have you had flu or allergy shots? | YES | NO |

If you answered yes to some of these questions, ask your practitioner if the **Detox Support Protocol** is right for you!

The Detox Support Protocol is a four-month approach to optimizing drainage, the gut microbiome, and mitochondrial function, while promoting systemic detoxification of environmental and everyday toxins.