

# Full Moon Cleanse

Encourage the removal of unwanted foreign organisms, during the full moon, when they are most active. The CellCore Para Kit can be utilized in a variety of ways to facilitate this process.



## WHY CLEANSE DURING A FULL MOON?

The full moon is one of the best times to cleanse and increase your gut and immune support. This is because melatonin levels naturally drop from the brightness of the moon, which can suppress immunity and aggravate existing symptoms.

Mimosa pudica seed, black walnut, clove, holy basil, and neem team up to support intestinal health, strengthen immunity, and encourage the removal of foreign organisms during a full moon.

There are 13 full moons every calendar year, which means 13 opportunities to help your patients take control of their health, and experience greater levels of well-being.



## CHOOSE A CHALLENGE LENGTH

Use the Para Kit for three, five, or seven days.

Choose from beginner, intermediate, or advanced dosing for each length of time.



## NEW TO THE PARA KIT

If your patients are new to the challenge, **always start with the beginner dosing and three-day length.** Jumping into higher doses for longer periods of time right away may cause or worsen undesirable symptoms.

It's recommended to do at least one round of beginner dosing at the three-day length before increasing to the intermediate or advanced dosing and the five-day or seven-day length. Return to regular dosing after the patient has completed the challenge.



## DON'T FORGET ABOUT DRAINAGE

It's crucial that the body's elimination pathways are open and functioning optimally before starting a cleansing protocol.

During the challenge, it's recommended to continue taking lymphatic or intestinal moving herbs. This gives unwanted elements a clear exit out of the system and prevents them from being reabsorbed into the body.

DOSING SCHEDULE						
	1 DAY BEFORE		FULL MOON		1 DAY AFTER	
	WAKE - UP	MORNING	NOON	EVENING	BEDTIME	
BEGINNER	Para 1	2 🍷			2 🍷	
	Para 2	2 🍷			2 🍷	
	Para 3		10 🍷	10 🍷	10 🍷	
	BioToxin Binder		1 🍷	1 🍷	1 🍷	

DOSING SCHEDULE						
	2 DAYS BEFORE	1 DAY BEFORE	FULL MOON	1 DAY AFTER	2 DAYS AFTER	
	WAKE - UP	MORNING	NOON	EVENING	BEDTIME	
INTERMEDIATE	Para 1	4 🍷			4 🍷	
	Para 2	4 🍷			4 🍷	
	Para 3		20 🍷	20 🍷	20 🍷	
	BioToxin Binder		2 🍷	2 🍷	2 🍷	

DOSING SCHEDULE							
	3 DAYS BEFORE	2 DAYS BEFORE	1 DAY BEFORE	FULL MOON	1 DAY AFTER	2 DAYS AFTER	3 DAYS AFTER
	WAKE - UP	MORNING	NOON	EVENING	BEDTIME		
ADVANCED	Para 1	6 🍷				6 🍷	
	Para 2	6 🍷				6 🍷	
	Para 3		40 🍷	40 🍷	40 🍷		
	BioToxin Binder		4 🍷	4 🍷	4 🍷		